





## **ACTIVITIES OF CIRCLE OF TRUST**

Organization: Institul Postliceal Phoenix Country: Romania

|                              | ACTIVITY  | PHOTOS                     |
|------------------------------|---|----------------------------|
| WHAT<br>kind of<br>activity? | Visit the Club of Bistrita Amazons  The initiative group of "Oncosuport" Circle of trust has made a visit to the Bistrita Amazons Club. The members of the Bistrita Amazons Club are sufferers or survivors of breast cancer.  During this meeting, the opportunities and the objectives of the "Oncosuport" Circle of trust were presented. The socialization between those present, whether they are cancer patients or their caregivers, has not been left behind.  Those present have welcomed this initiative.  During the second part of the meeting, the nutrition doctor, Camelia Vonica, member of the "Oncosuport" Circle of trust, presented to all the audience "A healthy lifestyle after cancer diagnosis". General recommendations for healthy diet components were presented, and then various healthy recipes were showed with the help of a Power Point Presentation. |                            |
| wно                          | At the meeting all the participants were:<br>28 members of Bistrita Amazons Club<br>4 members of "Oncosuport" Circle of trust   | Farfuria sanatosa Assirira |
| WHERE                        | Clubul Amazoanele Bistritene, 38, Liviu Rebreanu<br>street, Bistrita  |                            |
| WHEN                         | 25 November 2017  |                            |